

## Behavioral Health & Wellness

## **Child Checklist of Characteristics**

Name:	Date:
Age: Person completing this	form:
☐ Affectionate	
☐ Argues, "talks back," smart-alecky, defiant	
$\square$ Bullies/intimidates, teases, inflicts pain on others, is bossy to others, picks on, provokes	
☐ Cheats	
☐ Cruel to animals	
☐ Concern for others	
☐ Conflicts with parents over pe music/clothes/hair/friends	rsistent rule breaking, money, chores, homework, grades, choices in
☐ Complains	
☐ Cries easily, feelings are easily hur	t
☐ Dawdles, procrastinates, wastes ti	me
☐ Difficulties with parent's paramou	r/new marriage/new family
☐ Dependent, immature Developr	nental delays
☐ Disrupts family activities	
☐ Disobedient, uncooperative, refuse	es, noncompliant, doesn't follow rules
☐ Distractible, inattentive, poor cond	centration, daydreams, slow to respond
☐ Dropping out of school	
☐ Drug or alcohol use	
☐ Eating—poor manners, refuses, ap	ppetite increase or decrease, odd combinations, overeats
☐ Exercise problems	
☐ Extracurricular activities interfere	with academics
☐ Failure in school	
☐ Fearful	
☐ Fighting, hitting, violent, aggressive	e, hostile, threatens, destructive
☐ Fire setting	
☐ Friendly, outgoing, social	
☐ Hypochondriac, always complains of feeling sick	
$\square$ Immature, "clowns around," has o	nly younger playmates
☐ Imaginary playmates, fantasy	
☐ Independent	
☐ Interrupts, talks out, yells	
□ Lacks organization unprepared	

	☐ Lacks respect for authority, insults, dares, provokes, manipulates
	☐ Learning disability
	☐ Legal difficulties—truancy, loitering, panhandling, drinking, vandalism, stealing, fighting, drug sales
	☐ Likes to be alone, withdraws, isolates
	□ Lying
	☐ Low frustration tolerance, irritability
	☐ Mental retardation
	□ Moody
	☐ Mute, refuses to speak
	☐ Nail biting
	□ Nervous
	□ Nightmares
	☐ Need for high degree of supervision at home over play/chores/schedule
	☐ Obedient
	□ Obesity
	☐ Overactive, restless, hyperactive, out-of-seat behaviors, restlessness, fidgety, noisiness
	☐ Oppositional, resists, refuses, does not comply, negativism
	☐ Prejudiced, bigoted, insulting, name calling, intolerant
	□ Pouts
	☐ Recent move, new school, loss of friends
	☐ Relationships with brothers/sisters or friends/peers are poor—competition, fights, teasing/provoking, assaults Responsible
	☐ Rocking or other repetitive movements
	☐ Runs away
	☐ Sad, unhappy
	☐ Self-harming behaviors—biting or hitting self, head banging, scratching self
	☐ Speech difficulties
	☐ Sexual—sexual preoccupation, public masturbation, inappropriate sexual behaviors
	☐ Shy, timid
	□ Stubborn
	☐ Suicide talk or attempt
	☐ Swearing, blasphemes, bathroom language, foul language
	☐ Temper tantrums, rages
	☐ Thumb sucking, finger sucking, hair chewing
	☐ Tics—involuntary rapid movements, noises, or word productions
	☐ Teased, picked on, victimized, bullied
	☐ Truant, school avoiding
	☐ Underactive, slow-moving or slow-responding, lethargic
	☐ Uncoordinated, accident-prone
	☐ Wetting or soiling the bed or clothes
	☐ Work problems, employment, overworking, can't keep a job
Any	other characteristics:

Please look back over the concerns you have checked off and choose the one that you most want your child to be		
helped with. Which is it?		